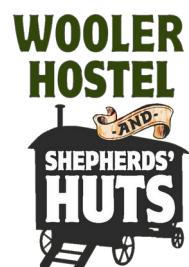




TRAIL OUTLAWS PRESENTS
THE THREE FORTS TRAIL
CHALLENGE



Please read the pre-event information carefully and bring a copy with you on event day. If you have any questions about the event, then please contact info@traioutlaws.com or phone 07734309500 Tim in an emergency.

EVENT INFORMATION

This is the 1st running of the Three Forts Trail Challenge .

We hope you enjoy it.

Please bring with you a smile and adventurous trail spirit. After all we do this for fun ☺

Most important of all, we want you to have fun and be safe.

So please read this document in full, as it will help to answer any pre-event queries and settle those nerves. It will also help us reduce our admin having to respond to questions and queries covered within this document.

As we simply do not have the time to respond to all queries in the lead up to the event.

EVENT PARKING

Parking is at the Old school Long stay car park which is about a 5 to 10 minute walk from the Youth Hostel.

Old School Long stay car park
Burnhouse Rd, Wooler NE71 6BW

Map for Event Parking
<https://maps.app.goo.gl/MWxFn4YVuYyFWVs88>

Parking at Wooler Hostel is strictly for event staff and no parking or drop offs will be allowed here before or during the event.

BEFORE THE EVENT

Consider taking out personal insurance against accident or injury whilst participating in sporting activities. Bring appropriate footwear for the event conditions.

EVENT REGISTRATION

Saturday 14th February 2026

Event Registration and HQ

**Wooler YHA,
30 Cheviot Street,
Wooler,
Northumberland,
NE71 6LW**

Registration	07:15-08:10
Event Briefing	08:25
Event Start	08:30
Event Presentation	15:00
Event Cut off	17:30

Medals are collected at the finish.

EVENT NUMBERS

Please note that event numbers will be given out at event registration on the day of the event.

THE FINISH

The finish will be at Wooler Hostel where registration took place.

You can leave your belongings in the bike sheds at event HQ at the Wooler hostel which will be manned at all times. But this is done so at your own risk. We cannot take responsibility for runners keys, phones or valuables.

There will be hot drinks available at the finish Tea/Coffee.

EVENT ROUTE

The route will be fully signed and marshalled. We always spend a lot of time diligently marking out course' however on occasion these markings do get removed by dog walkers and locals so please make yourself familiar with the online route map available on the event website and maps provided here.

We will be spending a lot of time marking out the course with highly visible flags and signs.

A map of the route can be downloaded here. woolertrailraces.co.uk/threeforts

MANDATORY KIT

The mandatory kit must be carried at all times during the event. You will be asked to sign a disclaimer to say that you have packed all the mandatory kit.

The kit has been on the website since entries opened so there are **no excuses** for not having the required kit. Random kit checks will be carried out and runners will be disqualified if they do not have all the kit.

This event takes place in a remote location where access to a large portion of the course is not possible by vehicles.

- Whistle
- Head/chest/waist torch
- Survival bag or Foil Blanket
- Hat and gloves
- Quality Waterproof jacket
- Minimum of 500ml water
- Personal cup
- Emergency food/sport bar
- Fully charged phone
- Mobile phone number of the event director +447734309500 (Tim)

KIT FAQS:

Q. Does jacket have to have a hood?
A. No, but it is advisable, most proper waterproofs have them.

Q. Is all the kit needed?
A. Yes.

***** PHOTOS ON FORTS *****

In order to make sure everyone makes it to all three hills forts. We require a selfie to be taken on top of ALL 3 hill forts. These are marked on the route maps.

DNF / EVENT CUT OFFS

Cut offs for the event will be strictly enforced throughout.

If you do not leave the CP by the cut off time you will be withdrawn.

Cut off times are in place to ensure the integrity of the event as a running event and as a safety and comfort measure for all those involved including the event volunteers manning the CPs.

Should need to withdraw yourself from the event please do so at an official CP. You must inform the RD ASAP of your withdrawal as we will be monitoring runners through CPs and if we do not account for a runner we will have to implement emergency procedures.

** Please Note **

If you withdraw from the event you may face a wait to be transported to the finish area. Please bear this in mind when considering to carry on the event or not.

FIRST AID & EMERGENCY

We have the support of EMS Medical providing the First Aid cover at the event. They will be situated at the event HQ. Should you require First Aid at any other CP or location please contact the RD or CP staff numbers at the top of this document. Have them saved to your phone in case of emergency for this event.

We will then arrange for First Aid at your location.

If you find yourself or another runner in immediate need of emergency help (i.e risk to life and limb, not just bumps and bruises), contact event HQ or CP staff or sweepers who will then arrange for help.

If this is not an option and you are on the route that is not accessible by a standard vehicle the Mountain Rescue procedures are dial 999 and ask for police and then Mountain Rescue.

Do not panic, stay with the runner, use the foil bags and extra layers to keep warm and calm.

Alert other runners who can go for help. Use your maps to see where you are to be able to relay your location.

We do not anticipate this will be the case, but it is very important that you all know these lifesaving procedures when in the hills.

CHECKPOINTS

There will be 2 CPs on the route (see attached map).

CP1 is at 4.12 Miles

CP2 at 8.12 Miles

These will have Water, Sweets & Coke Cola.

PRE/POST EVENT REFRESHMENTS TRAIL OUTLAWS SOUL CAFE

Will be providing refreshments set up before, during and after the events for most of the weekend providing hot and cold drinks to purchase, including tea, coffee, hot chocolate, soup, pop, etc. There will also be a range of sweet and savoury snacks on sale. The internet connection can be intermittent therefore we recommend that you bring some cash for this – as well as for TRAIL OUTLAWS TRADING POST-where we will be selling a range of fabulous TRAIL OUTLAWS clothing, cups, head torches, etc. Please come and have a look. You can also purchase these items through our website.

FINALLY

That's all the what's, whys and wherefores covered. Thank you for choosing to take part in the event with Trail Outlaws.

We look forward to meeting you all at Wooler. There is always a great atmosphere at the end of events in Wooler and this thanks to you and the marshals.

So now it's time to put your feet up, check your maps, triple check your kit, panic about your training, panic more about your training, check the weather forecast on the hour every hour for the next week, buy that anti chafing cream you've been meaning to get and finally read this document at least a dozen times.

TRAIL OUTLAWS TRADING POST

TRAIL OUTLAWS HOODIES £40



TRAIL OUTLAWS VESTS £15.00

Women's and men's Fit



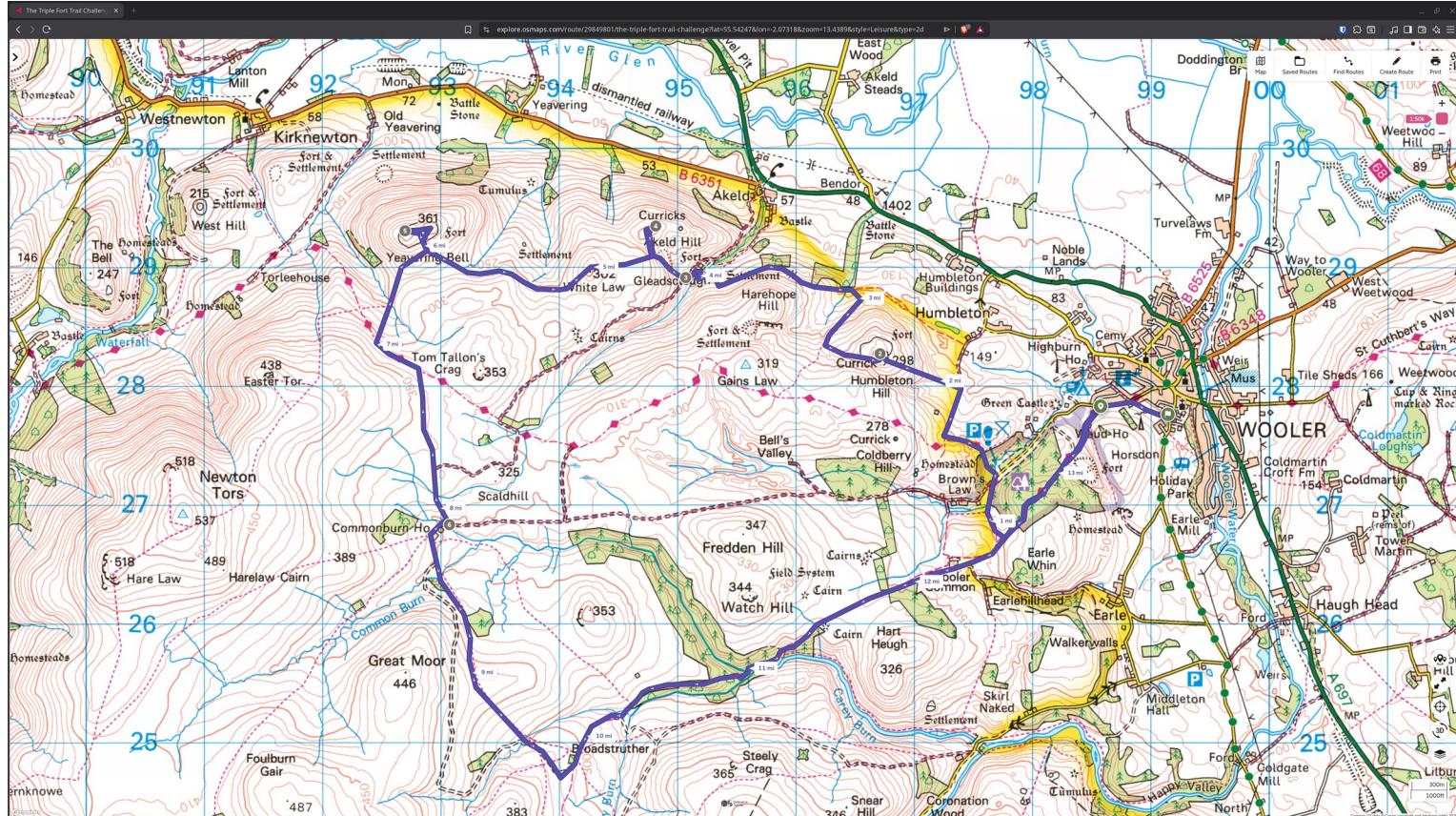
TRAIL OUTLAWS LONG SLEEVE TOPS £20.00



TRAIL OUTLAWS ENAMEL CUP £10



THE TRIPLE FORTS TRAIL CHALLENGE Route



EVENT ENTRIES/RESULTS www.trailoutlaws.com/results

TERMS AND CONDITIONS www.trailoutlaws.com/tandc

WOOLER DARK SKIES @ HM woolertrailraces.co.uk/threeforts

TRAIL OUTLAWS WEBSITE www.trailoutlaws.com